

## **THE CONTRIBUTION OF MOBILITY TO LIVEABLE CITIES**

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### **ABSTRACT**

Achieving sustainable cities includes social and economic as well as environmental factors that make them attractive and liveable.

What sort of transport systems are appropriate for a sustainable city, seen from each of these points of view?

Achieving an integrated sustainable urban mobility concept could include some of the following components:

- Decoupling income progression from increase in energy use by citizens of a city and its region.
- Encouraging life styles favouring non motorised transport clusters all over the urban region, and reducing subsidies to fossil fuel, increasing the population density.
- Optimising the use of each transport mode and interconnecting transport modes. That means namely ensuring effective rail networks, networks of tram/bus right-of-ways, convenient intermodal hubs, easy use of bicycles and availability of rented bicycles and taxis. It also includes technological improvements for individual transport - the electric car, the hybrid, the plug in hybrid etc - and their implications for liveability
- Assessing the health effects of a switch from motorised transport to non-motorised transport (walking and cycling).
- Implementing synergy between supply of public transport and restraint to the use of the car in the city.

The address includes examples of integrated sustainable mobility.